

About the Senior Hub

The Senior Hub is a non-profit agency, and our mission is to advance the quality of life for older adults through advocacy, community partnerships, and a variety of direct services planned to sustain an independent, healthy aging experience. We have been advancing the quality of life for older adults and their families since 1986.

Services Offered by The Senior Hub:

Adult Day Services

Pet Vet

Well Elder

Food Pantry

Homecare Services

Meals on Wheels

Senior Solutions

Senior Tech

Food Pantry

Volunteer Opportunities

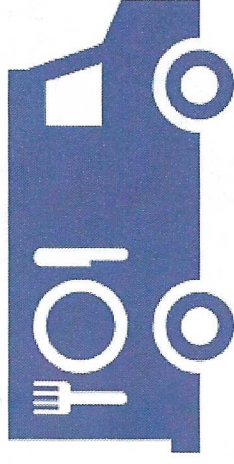
Resource Referrals

Due to support from local grants, donors, and foundations, services may be available for free to qualified seniors.

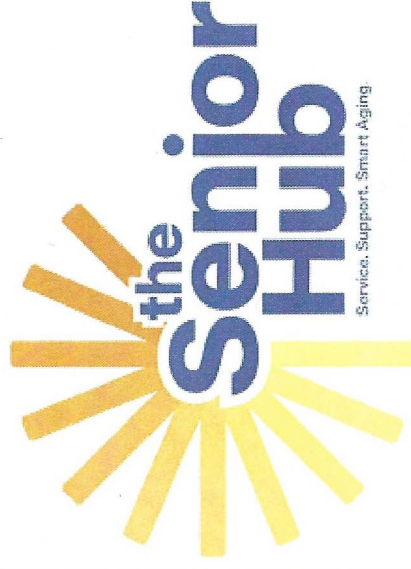
Call: 303.426.4408

Email: info@seniorhub.org

Visit Us: www.seniorhub.org



The Senior Hub
Meals on Wheels



The Senior Hub
10190 Bannock St. Ste #106
Northglenn, CO 80260



Meals on Wheels

Meals on Wheels meets the nutritional needs of older adults in Adams County by delivering hot or frozen nighttime meals six days a week. In addition to our meals prepared by **Volunteers of America (VOA)**, we also offer an alternative meal option, 'Delicious Delivery' which is supplied by local partner restaurants. Our drivers are trained to monitor our client's wellbeing during each visit and to report concerns to staff who alert family or emergency services as needed.

On request, Sundays' meals can be delivered with Saturday meals through our Delicious Deliveries program.

Meals on Wheels helps seniors by providing a safety net of services and resources to keep them safe and independent in their homes and communities for as long as they are able.

"I enjoy the visits from my Meals on Wheels drivers. They are angels!"

—Chuck B.

Traditional Program

Our traditional program provides seniors with meals that supply 1/3 of their daily nutritional requirements, are low in fat and sodium, and are diabetic friendly.

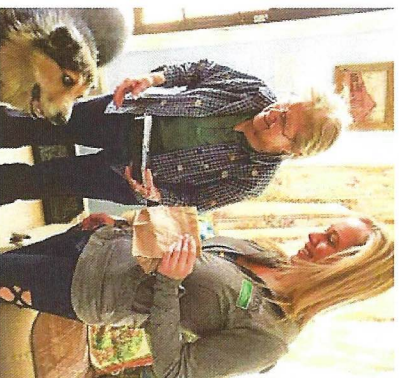
These meals are available 5 days a week for a voluntary monthly contribution. No one is turned away due to an inability to pay.

Eligibility:

- 60+ Years of Age
- Homebound
- You have difficulty shopping or preparing a main meal in home

Delicious Delivery

Delicious Delivery is a program unique to this area. The menu is made by **The Senior Hub** staff to ensure that you are receiving a nutritionally balanced meal. Prepared by local restaurants, these meals are available 7 days a week for a fixed fee. They are available to all ages and have no eligibility requirements other than being in our delivery area. Call for details.



Volunteer Opportunities

Meals on Wheels Drivers:

Come join the fun! Become a driver for **Meals on Wheels**. With a 2-2 1/2 hour commitment one day a week, you can help improve the health and wellbeing of a senior. You provide your own car, and we will reimburse you for your mileage.

Additional Opportunities:

There are other volunteer opportunities that include: Food Pantry, Well Elder, and special projects as needed.

"I love being a Meals on Wheels volunteer... It makes as much of a difference in my life as it does in the lives of the clients."

—Charles S.

Contact Us Today

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