

#### First day of school is August 18th

- Classes will be held in person Monday through Thursday with seven classrooms operating Monday through Thursday in addition to every other Friday.
- Each classroom can accommodate 16 children while also maintaining public health guidelines and recommendations.



Families will be lent a Chrome Book for the school year. Families will receive them during a scheduled "Back to School" orientation with their teacher/center team in August.

The expectation is that the parent/guardian ensures that the Chrome Book is returned to the center at the end of the school year in May, or if the child is no longer enrolled in the program at any time during the year.



## Daily drop off and pick up of children:

- Parents will be asked to continue to wear facial coverings when entering Head Start buildings to dropoff and pick-up their children.
- Specific instructions for each center's drop off and pick up will be provided during your scheduled "Back to School" orientation.
- These steps help limit possible exposure and support in keeping children, families, and staff safe while we remain in a pandemic with a continued risk of COVID variants and possible community transmission.



#### **COVID screening before entering for the school day:**

- We encourage all families to keep their child home if the child is having symptoms/sick, and/or their child was exposed to someone who is COVID (+)
- If someone in your household is awaiting results from a COVID test, your child should be kept home until negative results are received to be cautious. If the test result is positive (+), please call your health specialist for guidance before bringing your child back to school.
- We will ask two screening questions during drop off to ensure classroom safety for all:
  - "Has your child been exposed to anyone who is COVID (+)?"
  - "Is your child currently experiencing any symptoms of COVID?"
- We will also continue to observe children throughout the day for any symptoms of illness through regular daily health checks and notify parents if their child becomes ill during the day. If your child exhibits symptoms during the day, you will be called to come and pick up your child.
- All sick children will be able to rest in a room separate from other children and supervised by a Head Start staff member until a designated adult is able to pick up their child.
- Head Start staff is expected to self-monitor for signs of illness and stay home if they are sick.



# Universal face masks for all entering Head Start centers while school is in session:

• Head Start employees, consultants, parents and anyone entering Head Start centers will be asked to mask when entering any Head Start center.

Currently, it is still recommended for children over 2 years old to wear facial coverings in buildings as children under 12 years old are unable to be fully vaccinated at this time. Head Start will require any enrolled child to wear a facial covering in the buildings at this time. Children will not have to wear facial coverings during meal and snack times, during naps, or during outside play time.

- We will continue to provide a disposable facial covering, or an unused material face covering for your child every day.
- Anyone entering the building that does not have a facial covering will be provided with a disposable facial covering before entering a Head Start building.



### Cleaning & Disinfecting:

- We will clean, sanitize and disinfect our centers daily.
- Additionally, we will disinfect "highly touched" areas throughout the day.



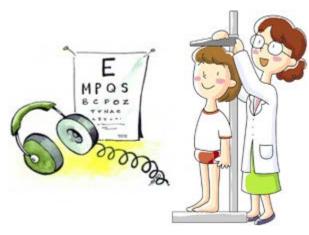
#### Meals and snacks:

- ACHS will serve breakfast, lunch and snacks.
- Family style meals will not be served. Instead, children will be served portions on their plates in order to limit handling common dishes and utensils.



### Cohort-keeping classes together without "mixing"

- Children will remain in their assigned group/classroom in order to decrease risk of transferring illness to other groups of children in the same center.
- When we are providing screening, we will maintain classroom groups at all times and will not "mix/join" children from other classrooms.



# Health Sensory Screening (hearing, vision, height and weight), Dental Screening, Lead and Anemia screening

Your Health Specialists will be screening your child in their assigned center.

All children will receive a hearing and vision screening, a height and weight assessment.

Children enrolling in Head Start for the first time will receive a speech and language screening.

Dental screenings will be provided by our dental partner, Salud, at each center only if parent agrees through a signed consent allowing Salud to see your child for a dental screening at his/her center. Children will not be brushing their teeth during class time until further notice due to droplets and spraying creating an exposure risk. Instead, teachers will provide lessons on dental health and children will receive tooth brushing supplies to take home in August/September and again in December. Each take-home package will include a toothbrush, toothpaste, dental floss, and a tooth brushing timer.

Health Specialists will clean, sanitize and disinfect the entire screening area after each child as well as any screening equipment as needed. They will also wash and sanitize their hands and change gloves in between each screening.

During our *lead and anemia screenings*, we require a parent/guardian to be present during this screening. If you can receive this screening at your medical home, please have this screening completed by your doctor and provide your Health Specialist with these results.

Families will receive your child's screening results at the end of the day the screening(s) are performed. Any referrals that are necessary will also be provided to you for any screening that your child did not pass and would need further follow-up/assessment from a health professional. {Example: Vision screening where your child may require vision correction/glasses]

If you have any questions regarding COVID health guidelines, procedures, or anything related to health and nutrition at Head Start, please contact:

 Leslie Oliver, RDN, RN, Health and Nutrition Manager Cell: 781-460-8360 (Call or text)

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